

## COUNSELING CENTER ANNOUNCEMENTS

September 18, 2009

### The Following Representatives Will Be Visiting the Counseling Center Next Week

|          |               |       |
|----------|---------------|-------|
| Sept. 24 | NAVY          | 10:00 |
| Sept. 24 | Virginia Tech | 1:00  |

Sign up in the Counseling Center at least one day in advance if you would like to meet with a representative.

### SAT or ACT: WHICH TEST IS BEST SUITED TO YOU?

#### SAT

The SAT may be a better fit if:

- You did great on the PSAT.
- You have a killer vocabulary. (You are comfortable with words like “didactic,” “sedulous,” and “esoteric.”)
- You prefer starts and stops when taking tests. There are nine sections and an essay on the SAT.
- You can ace grammar. For example, you are comfortable with the sentence, “On the table, there ARE a pencil and some paper.”
- You consider yourself “quick-thinking.”

SAT Dates:

October 10, 2009\*

November 7, 2009\*

December 5, 2009

January 23, 2010

March 13, 2010\*

May 1, 2010

June 5, 2010\*

\*Testing is available at Glenelg High School.

#### ACT

The ACT may be a better fit if:

- Your PSAT or SAT score is inconsistent with your academic performance in school.
- Your vocabulary is not as strong as your reading.
- You read relatively quickly.
- You are more academic than test savvy. (The ACT test is more like a test you would take in school.)
  - You prefer four longer sections (English, Math, Reading, and Science) to having interruptions and breaks during the test.
  - You are great at writing papers but do not have formal grammar instruction.

ACT Dates:

October 24, 2009\*\*

December 12, 2009\*\*

February 6, 2010\*\*

April 10, 2010\*\*

June 12, 2010\*\*

\*\*Testing is available at Wilde Lake High School in Columbia, MD.

More information is available by reading “Should You Take the SAT or ACT?” by Ned Johnson or by viewing “What’s the Difference Between the SAT and ACT” online at [Kaptest.com](http://Kaptest.com).

- **Back to School night for the ARL is Tuesday, September 29th at 7:00 p.m.**
- **The SAT test will be offered at Glenelg High School on Saturday, November 7, 2009.**
- The deadline to sign up for the test without a late fee is Thursday, October 1, 2009.
- Register at [www.collegeboard.com](http://www.collegeboard.com).
- Glenelg High’s Test Center Number is: 21-326
- Glenelg High’s High School Code is: 210593
- Test Preparation booklets are available in the Counseling Center.

### ***For Parents & Teens!***

**HC DrugFree** offers educational programs from October to April at Howard County Public Schools and Howard County Public Library branches. While the programs are planned with parents in mind, high school students are encouraged to attend. One program that is coming up:

#### **Branded D.U.I. - Teen Drinking & the Law**

Wednesday, October 7th

7:00 p.m. - 8:30 p.m.

Atholton High School

- Judge Pamela Brown, Howard County Court Representative, and Shawn Germain, member of the Howard County Police Department, will discuss consequences for teens who drink and drive. This program will also show a brief movie, Branded D.U.I.
- **The Maryland Commission for Women** is looking for candidates for its Women of Tomorrow Award. If you are an excellent student who has made a significant contribution to your community and would like to be nominated for this award, please see Mrs. Drucker in the Counseling Center before October 15. Examples of contributions to the community might include leadership roles in tutoring the disadvantaged, starting ecology projects, organizing food banks for the homeless, etc. Women in Grades 7 through Grade 12 are eligible.

**The Counseling Center** has received several **opportunities for Community Service**. Listed below are the latest ones. If you would like to help others by community service or need to fulfill your required hours for graduation take note of the events below.

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Looking for the perfect gift?  
Give the gift of **YOU!**

PLEASE JOIN US AT  
**THE SALVATION ARMY HOWARD COUNTY  
VOLUNTEER OPEN HOUSE**

TUESDAY, OCTOBER 6, 2009 AT 6:30 P.M.

We will have volunteer recognition for "2008", food, door prizes and information booths on ways we can help you find just the right **gift** to give!

Location: 9017 RED BRANCH ROAD, COLUMBIA, MD 21045

For questions please contact Windy Kidd, Director, at 443-656-3376.

If any student is interested in starting a Salvation Army Club at Glenelg High School

Contact Jamie Sim (Centennial HS Student) jamiesim@ymail.com

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*Autism Speaks*    *Walk Now For Autism*  
**National Autism Walk**

**The National Mall**

**Saturday, October 31, 2009**

A great way for your family to help our community!

For more information and to register

Visit : [www.NationalAutismWalk.org](http://www.NationalAutismWalk.org)

Or

Walk in Baltimore

**Baltimore Walk Now for Autism**

**October 10, 2009**

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[www.walknowforautism.org/baltimore](http://www.walknowforautism.org/baltimore)

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**Earn Volunteer Hours**

**50 Plus Expo**

Howard County Office on Aging

Need hours for National Honor Society? Graduation?

Think about volunteering for the 50Expo on Friday, October 16, 2009 at Wilde Lake High School. Volunteers are needed for a variety of fun positions throughout the day. Come in as early as 6:30 am and get your hours done, or come in later in the day. Complimentary lunch for all volunteers!

Volunteers are also needed to help with set up the evening before between 6-9 pm.

If you are interested in volunteering, contact Regina Jenkins 410-313-5443 or [rjenkins@howardcountymd.gov](mailto:rjenkins@howardcountymd.gov) You will be provided a list of opportunities and you can choose what interest you. Bring a friend and volunteer.

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**Susan G. Komen Race for the Cure**

**Share the Promise, Volunteer**

October 18, 2009

Earn community service hours. Be active in your community.

To learn more or to volunteer please visit [www.komenmd.org](http://www.komenmd.org)

For questions please email Jennifer Mason at [Intern2@komenmd.org](mailto:Intern2@komenmd.org)

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**Howard County Center for the Arts**

The Howard County Arts Council consistently selects high school students for summer camp volunteer positions. They are looking for capable students who are interested in the arts and have some experience working with children. HCAC's summer camps include visual, performing and literary arts classes for children in kindergarten through seventh grade. Volunteers assist campers with their various projects, help prepare for class projects and complete other camp related responsibilities. HCAC does have a four day mandatory training session for volunteers prior to the start of camp sessions. Applications to volunteer are available from Ms. Miles in the counseling center. For more information about HCAC's camps and other programs go to [www.hocoarts.org](http://www.hocoarts.org)

**More information about the Volunteer Opportunities listed above is available in the Counseling Center.**

**National Association of Secondary School Principals Scholarship**

The Prudential Spirit of Community Awards program recognizes middle level and high school youth solely on the basis of volunteer work in their communities. Each participating school can select at least one Local Honoree. These individuals receive a Certificate of Achievement and advance to state-level judging. One high school student and one middle level student in each of the 50 states and the District of Columbia will receive \$1,000, a beautiful silver medallion, and an all-expense paid trip to Washington, D.C. with a parent or guardian. Students who are in grades 5-12 as of November 2, 2009, and are a legal resident of one of the 50 states of the United States or the District of Columbia are eligible. The student must have engaged in a volunteer activity that occurred at least in part after September 1, 2008. Candidates must complete an online application form following all directions carefully, and submit it by November 2, 2009 to Mrs. Drucker in the Counseling Center. The application is available at <http://spirit.prudential.com> or [www.principals.org/prudential](http://www.principals.org/prudential) (access key: **spirit**). Once the form has been completed online, it must be printed out, signed and submitted to Mrs. Drucker.