

COUNSELING CENTER NEWS

January 8, 2010

REGIONAL PSAT INFORMATION NIGHTS

Hammond High - January 11, 2010 - 7:00

p.m.

Wilde Lake High - January 26, 2010 - 7:00

p.m.

These programs will be an opportunity for parents and students to gain information on PSAT test interpretation. Parents and students are encouraged, though not required, to bring their score report with them to the workshop.
Presenter: Mindy Hirsch, HCPSS Office of School Counseling

Need Money for College? Puzzled by the financial aid process?

YOU CAN AFFORD COLLEGE 2010

Maryland Public Television invites students, parents and adults retuning to school to tune into the highly-anticipated program *You Can Afford College*, airing on MPT January 9th, at 11:30 a.m. and 1:00 p.m. on January 12 at 7:30 p.m. This 30 minute program highlights sources of financial assistance and provides relevant tools and tips to help people sort through the financial aid process. Get the latest information about public and private grants, scholarships, work-study programs and important loan application deadlines. Learn about the Free Application For Federal Student Aid (FAFSA)-the first step towards receiving financial aid. Also available on Comcast on Demand and FiOS on Demand and MPT.org. For more information visit mpt.org/ycac

ACT: College Admissions Exam will be offered at Glenelg HS

Dates: February 6, 2010 & June 12, 2010

Register and practice at www.act.org

When registering be sure to include Glenelg High School's Code: **210593** in order for your scores to be sent to Glenelg High.

The ACT is a national college admissions examination that consists of subject area tests in: English, Mathematics, Reading, Science, plus a Writing Section. The ACT registration cost is \$47.00 for the ACT Plus Writing exam. Registration includes up to 4 college score reports; each additional report is \$9.00.

ACT results are accepted by all 4-year colleges and universities in the U.S. For more information regarding the test, please contact your child's guidance counselor.

College Goal Sunday

Need money for college? Tackle financial aid with College Goal Sunday.

College Goal Sunday is a free event to help students and families complete the Free Application for Federal Student Aid (FAFSA), the required form to apply for financial assistance for higher education.

Applying for financial aid can be confusing. At College Goal Sunday, you can talk to experts, get a line-by-line explanation of the FAFSA, and get the most financial assistance available. Visit the website for a list of forms and financial records you need to bring with you to the event. [Register online at CollegeGoalSundayMD.org](http://CollegeGoalSundayMD.org)

Some Local Locations:
January 31 12-4 p.m. (Snow Date: February 14)
Goucher College, Van Meter Hall B10
Contact: Sharon Hassan 410-337-6431 shassan@goucher.edu

January 31, 2-4 p.m.
Community College of Baltimore County, Dundalk Campus
Contact: Mark Gay 443-840-3160 mgay@ccbcmd.edu

February 7 1-4 p.m.
Loyola University Maryland, Sellinger Hall Atrium
Contact: Tonya Lewis 410-617-1545 tlewis@loyola.edu

YOUTH ON BOARD

What is Youth on Board?

Youth on Board (YOB) offers high school students a unique opportunity to learn how to become effective board members in the non-profit community. At the same time, students will contribute valuable insight about the needs of youth in our community. YOB is sponsored by Leadership Howard County with generous support from The Horizon Foundation.

Benefits

Students learn through interactive training and actual experience. Students participate in the decision-making process on issues facing our community- especially those that impact youth in our community. Boards have the benefit of incorporating the youth perspective in their planning and decision-making.

Program Components

Classroom Training - 15 hours of interactive training to include board roles & responsibilities, fundraising, parliamentary procedure, finances & budget, ethics, and strategies for success. Saturday, March 20, 9am-3pm, Friday, Wednesday April 14, 5-8:30pm, Thursday April 22, 5:00 - 8:30 (school's closed). Attendance is required at all sessions.

Board Placement- students will be matched up with boards based on mutual interest and availability.

Mentoring - a "Board Buddy" from the non-profit organization will be identified to serve as a resource and guide for each youth board member.

Commitment

Students will serve on a board of directors or committee of a non-profit organization for a one year term (April 2010 - June 2011). Students are expected to attend all board meetings and participate on an active committee, special project or activity (approx. 3-5 hours per month). Students will attend quarterly meetings with Youth on Board staff.

Qualifications

Students must have demonstrated leadership experience, be a current high school sophomore or junior and live in Howard County. We're looking for: leadership ability, concern for your community, interest in working with non-profit organizations.

Cost

None--thanks to the generous support of The Horizon Foundation and Leadership Howard County

Application/Contact Information

Application Deadline: Tuesday, January 19, 2010

For additional information and an application, contact Diane Freedman at 410.730.4474, find us on the web at www.leadershiphc.org or via email: dfreedman@leadershiphc.org

Interested in helping to start a group for teens touched by cancer in Howard County?

For anyone who has a family member or friend who has/had cancer
Looking for teens to serve on the steering committee
Student-led under the guidance of the Claudia Mayer Cancer and Ulman Cancer Fund for Young Adults

Contact Kelly Schwab kschwabfam@verizon.net
Cara Koontz cmkoontz@comcast.net
Debra Marciniak styleherfamous22@yahoo.com

HC DrugFree Programs

Mythbusters: Dispelling Commonly Held Beliefs about Alcohol & Other Drugs in Your Community and Your School

Tuesday, January 19th 7:00pm-8:30pm

River Hill HS

Speakers: Mark Donovan from Integrative Counseling and Officer Shawn Germain from the Howard County Police Dept.

How can parents meet the social and emotional issues of advanced-level learners at home?

This question will be addressed by keynote speaker, Dr. Patricia Schuler, National Certified Counselor and noted expert on issues related to the education of highly able learners, especially perfectionism, the social and emotional needs of advanced-level learners, twice exceptional children, and underachieving advanced-level learners.

The Social and Emotional Needs of Advanced-Level Learners: Strategies for Parents

G/T Parent Academy - January 20, 2010

7:00 p.m. - 8:30 p.m.

Centennial High School Auditorium
4300 Centennial Lane - Ellicott City

Mark your calendar for this informative Academy where you will learn practical strategies to help your child deal with the internal stresses and external pressures related to being an advanced-level learner. If you are interested in learning how to reduce your child's perfectionism, anxiety and stress as they "reach for the stars," please join us at this Academy.

For more information, call Stephanie Bateman at 410-313-6800 or email Stephanie_Bateman@hcpss