

## Fall 2009-2010 Sport Try-Outs Information and Schedule

All student athletes must have a physical, parent permission form, a copy of a utility bill and a copy of their birth certificate in order to tryout for the fall sports teams at Atholton High School. There is no academic eligibility for 9<sup>th</sup> graders in the fall season. This is the only season that the academic eligibility is waived. Returning players must have a physical, parent permission form and a copy of a utility bill in order to tryout for the teams. Please make sure that all forms are completely filled out, including signatures, stamps of physicians, and dates. Equipment will be provided during tryout dates. We encourage all players and parents not to buy new equipment until all the teams are made.

You can get all the necessary forms for tryouts on our new website at [www.atholtonathletics.com](http://www.atholtonathletics.com). Click on the forms section.

Below are the tryout dates for all fall sports. If you have any questions, please contact Mike Senisi at [Michael\\_Senisi@hcpss.org](mailto:Michael_Senisi@hcpss.org)

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### VOLLEYBALL:

August 14<sup>th</sup> bring in paperwork

- A completed physical
- Parent permission form
- Copy of a utility bill
- Copy of a birth certificate (freshman only)

8:00 am to 10:30 am Freshman and Sophomores

11:00am to 1:30 pm Juniors and Seniors

August 15<sup>th</sup> (First day of tryouts)

Please be 15 minutes early for your designated tryout time.

7:00am to 10:00am Freshman and Sophomores (Passing, Serving, Setting)

10:00am to 12:00pm Juniors and Seniors (Passing, Serving, Setting)

12:00 to 1:00pm Lunch Break

1:00pm to 3:00pm Freshman and Sophomores (Game play and Drills)

3:00pm to 5:30pm Juniors and Seniors (Game play and Drills)

August 17<sup>th</sup> Monday

8:00 am to 10:00am Freshman team tryouts

10:00am to 12:00pm Junior Varsity team tryouts

1:00pm to 3:00pm Varsity team tryouts

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### Boys Soccer:

Saturday Aug 15:

8 am-12 noon

at Atholton HS track

Monday-Tuesday (8/17 & 8/17)

9am- 12 noon

at Martin Rd Park

## GIRLS SOCCER

Sat. Aug. 15 8:30-10:30 at Clemens Crossing Elementary School  
Aug. 15 3:00-5:00 at Clemens Crossing

Mon. Aug. 17 8:30-10:30 at Clemens Crossing  
Aug. 17 3:00-5:00 at Clemens Crossing

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## FOOTBALL

Sat Aug 15 7:30am to 10 am meet in weight Room  
Aug 15 4:00pm to 6:30pm on field

Mon Aug 17 2:00pm to 4pm meet in weight room  
Aug 17 5:30pm to 7:30pm on field

Tues Aug 18 2:00pm to 4pm meet in weight room  
Aug 18 5:30 pm to 7:30pm on field

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## FIELD HOCKEY

Fri Aug 14 3pm-4pm collect paperwork on the Field hockey field.  
Sat Aug 15 9:00am-11:30am at the track.  
Mon Aug 17 7am-8am and 4pm-7pm

Girls need sticks, shin guards, mouth guards, water bottles, tennis shoes and cleats for the first day.

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## CHEERLEADING

Thurs Aug 13 6:00-7:00 pm Form Turn In front lobby

Sat Aug 15 8am-10am No tryouts; Optional Conditioning Green Room  
Mon Aug 17-19 9:00 a.m.-12:00 pm Tryouts; Back Gym  
Wed Aug 19 Final team selection; Students will meet individually with coaches

Dress should include: gym shorts, t-shirt or tank top (nothing big and baggy), tennis shoes, hair pulled back in a pony tail and longer bangs pulled off the face, no jewelry, no long fingernails, no fingernail polish.

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## CROSS COUNTRY

Mon Aug 17-19 2:30pm- 4:30pm meet at the tennis courts

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## GOLF

Sat Aug 15 10am-12 at Hobbits Glen driving range  
Mon Aug 17 2:45pm-5pm Hobbits Glen